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is dressed but before she has eaten anything, the woman gives her yucca fruit with a cross of pollen on it. She first holds it to the directions, motions three times toward the girl with it, and puts it in her mouth the fourth time. This is to give her a good appetite; if she is fed with Indian fruits and piñon nuts and all the good things at this time, the girl will have a good appetite throughout life.

The attendant now advises the girl:

881 793 [711] [413]

She tells her how to drink water through the tube [of carrizo, suspended from the fringe of the dress on the right side], how to scratch herself with the stick [from a fruit- or nut-bearing tree; the scratcher hangs on the left side of the dress]. She tells the girl that she must not scratch herself with her nails, because, if she does, it will leave scars, and that she must not touch water with her lips but must use the tube for eight days or it will rain.

She tells the girl not to eat too much, because she must stay in the tepee most of the time, and she shouldn't go out in the brush much.

She tells the girl that she mustn't go around except where she is told she can go, that she should stay in the tepee most of the time for the four days of the ceremony and then for four days afterward, until she takes these clothes off.

The woman tells the girl not to talk much during this time and not to laugh, because her face will be old and wrinkled before her time if she does. And she tells the girl that for the ceremony and for four days after it she should not wash. She has pollen on, and if she should put her hand in water and wash it off, it would rain like anything. She tells the girl that if it rains and she goes out in it, [821] that will make it rain harder. If the girl gets wet, it will be rainy and spoil the good time of the people. She must not even go to a spring or look up at the sky, for the rain clouds would gather if she did.[1]

[868] [867]

And these old women talk to the girl about cooking and women's work too. They tell her to think what it means and to believe what the singer tells her, for, if she does not believe, it will not do her any good. And the girl is told to mind and not to make fun of anyone. She is told that she must not get angry or curse anyone till the ceremony is all over for her, till the eight days are over. For the Chiricahua believe that the disposition a girl shows at the time of the ceremony will be hers all through life. If she gets angry, she is going to be mean the rest of her life. They say, too, that if a girl doesn't mind at this time, bad weather comes. If she is pleasant and goes through the ceremony well, she will always be that way.

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And it seems to me that it turns out this way. There's my wife. She went through the ceremony very well, obeyed, and was good. You take C.; she was mean and balky when she was going around that basket. Today she's very mean. My wife went through first, a year or so ahead of C. Then C. went

[533] [302]

[1] One informant stated that the singer may not wash his hair during the rite, presumably to prevent rainfall.

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The last run is made so that the girl will be strong, so that she will be a good runner and have a good heart [i.e., be brave]. Some used to run about a quarter of a mile to the east this last time. Because of this some girls became as good runners as men in the old days. If they have far to go, they do not have to run all the way. They can alternate between walking and running.

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As the girl approaches the ceremonial structure for the last time, the attendant calls; the main poles are pushed to the east; [793] and, as favors are tossed in the air and the children scramble for them, the girl makes her way to the encampment of her parents. [346] [431]

The temporary camps that have been established for the period of the rite begin to disappear. The poles of the ceremonial structure lie unmolested; they may not be used for firewood. [346]

The girl's family stays on the grounds four days after the ceremony ends. During that time the girl can't wash and has to wear her costume. She must use the scratcher and reed for these four days too. [271] [413]

The girl has still another ritual duty to perform:

The little ceremony where the girl gives the horse takes place four days after the close of the big feast. A horse, any kind of a horse, is required. It always was so and has been handed down. She is still dressed in her costume. She walks the horse to the singer. That ends it. Her part is now over.

On the morning of the ninth day "before the sun comes up, the woman who cares for the girl [attendant] prepares yucca root and warm water and washes the girl's hair and entire body." [793] [302] [515]

The prevailing tone of this ceremony is one of pleasure and promise. The physiological aspects of maturation are little emphasized. The behavior restrictions imposed upon the girl are not irksome, and their violation brings no really dire consequences. She is not isolated but achieves recognition as the central figure of a major social and ritual event during which she is likened to a supernatural being. Her formal introduction to adult status is accomplished in the midst of abundance, ritual safeguards, and festivity; therefore, she has little desire to return to the status which preceded the recognition accorded her. 881 182

Many heterogeneous elements combine to produce the girl's puberty rite. The singer, the attendant, the masked-dancer shaman, the dancers themselves, the musical accompanists for the social dance songs—all possess individual prerogatives which are not subject to call. The participation of these persons can

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881 868 702 721 not undergone it is not cheerfully received by members of a raiding party he seeks to join. "Some do not volunteer. They are looked down upon. They cannot go on the warpath." Yet the youth who is unprepared is not goaded into premature participation. "If a boy thinks he can't stand it, he doesn't go." Nor does any boy start out ignorant of what he faces: "When a boy wants to volunteer, his relatives tell him of the hardships and dangers. If he still wants to go, they let him."

Once a boy has declared his intention of becoming a novice, he receives advice to guide his conduct during the four expeditions

The first four times are important because, if a man shows himself to be unreliable and disobedient these first four times, that will remain his nature throughout expeditions and battles. The boys are told this, and they try to be at their best during this time. So they don't cause much trouble.

[834] [867] [577] While you are a novice you have to watch out for your morals. If you are loose when you come back from one of these expeditions and have a lot of sexual intercourse, it will be your nature through life. Boys are instructed from the start about this. These things are impressed on them: "Don't be a coward; don't be untruthful; don't eat too much when you come back to camp between raids, or that will be your nature." So during the entire period the boy puts out his best [effort] and behaves his best.

881 868 702 756 721 [914] [561] One informant testified that the necessary information was imparted to him by his father. Another claimed that "a relative teaches the boy; a special man is not needed." Yet from still other accounts it is clear that shamans whose rites center about the location and frustration of the enemy and the granting of invulnerability in battle often prepare the youths for these journeys. Their selection is logical, for "these shamans, the 'bow shamans,' also make the jackets and other things which protect a man in battle." Often a number of young men of the same age are put in the care of one shaman.

All the volunteers are gathered and instructed by the shaman. They are taught the words and how they should conduct themselves. They are given a general outline of what they should do. It takes just a few days to learn.

[914] [291] [413] The inexperienced boys who are on the raid for the first time have a certain kind of hat. And they are the only ones who have the drinking-tube along. The drinking-tube has a scratching-stick attached to it; that is, on the same cord. This scratching-stick is about five inches long and is made from the wood of any tree that bears fruit.

[914] The shaman in charge of the boys makes the hats for them. There is no pay-

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ment for this. It is like an issue[14] to the boys that comes automatically. This comes from a certain kind of shaman who has to do with war. The drinking-tube is given by the same person and is issued in the same way. The shaman has prayers to the directions. He throws pollen to the directions as he makes these things. The tube and the scratcher have a lightning design on. When the boy comes back, he returns the hat, scratcher, and tube to the shaman. The shaman can use them again for others.

"One who is a novice is different from the others." The difference is in the first instance a ritual one: "The older men treat the novices reverently because these young men are on one of their first raids and there are restrictions upon them." Like the pubescent girl, the novice is identified with a supernatural. "On the raid and warpath the men call the novice Child of the Water." Sacred aspects are further emphasized by behavior and food restrictions:

The novice, when he first gets the tube and scratcher and goes out with the others, cannot turn around quickly and look behind him. He must glance over his shoulder first. And in facing the other way he has to turn toward the sun first, the way they throw pollen. Bad luck would come to the party if this was not done.

If the boy does not use the scratcher, his skin will be soft; the flesh will be no good. He has to use the tube for all drinking. It is a rule that is put upon the boy. If he does not use the scratcher and tube, his whiskers will grow fast.

There is also a very strict rule against a novice having sexual intercourse while he is out.

Another thing: he must use the words that have been taught him. If he disobeys in this, he will be very unlucky.

Novices are not allowed to eat warm food, but must eat it cold. If they have to cook the food, they must let it get cold before they eat it. If the novice eats warm food, horses will not be worth anything to him. He is not allowed to eat entrails either. If he eats entrails, he will not have good luck with horses. Meat from the head of an animal is forbidden to him also.

To these rules various informants have added others. The novice should not gaze upward when he is on the raid or a heavy rain will come. He is not supposed to laugh at anyone, no matter how amusing the situation. He must speak respectfully to all the men and must not talk freely or obscenely about women. He must stay awake until he is given permission to lie down; to go to

[14] The Chiricahua refer to rations and goods distributed by reservation officials and the military as "issues."

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nevertheless is called female rain." To stop rain or snow, lice are hunted and tied to a rock with sinew; or an individual may draw a charcoal ring around his anus and lift his buttocks to the sky to bring the sun out. Sudden storms are regarded with fear. "If it doesn't look like rain, but then the wind and dust come up suddenly and it starts to rain, it brings news—bad news of death. If someone is very sick and this happens, it means he won't last. I have seen it happen."

Various things are seen in the half or full moon, the most common being walnut or cottonwood trees and a human face. Some persons think that watching the sunrise or sunset colors will cause sickness. Warts are also the penalty for pointing to heavenly bodies with the fingers; only the thumb may be so used.

Pulling out gray hair is said to make it grow faster; it is also held that one who brings water and drinks first himself will grow old quickly. It is forbidden to step over a person who is sitting or lying down: "If someone starts to step over you before he sees you, he has to go back. If he has already stepped over, he has to step back." Because it "may cause a severe pain in the stomach, food which is being cooked is not stirred with a knife." Eating frogs can result, it is thought, in bowlegs. Blood and tobacco are considered incompatible:

> My people don't want any blood around when they smoke. If there is blood on the hands, they will get it off before they smoke. If a person has a knife with blood on it, he cleans it up or puts it away before he smokes. He will have bad luck otherwise.

Much of the cosmology is expressed in terms similar to the beliefs already enumerated. Thus, the pitching of a flour-laden burro explains the Milky Way; an earthquake is the crying of the earth over an approaching epidemic; eclipses, either of the sun or of the moon, warn of epidemics also and necessitate a masked-dancer ceremony to ward off the disaster; a shooting star points to an advancing enemy; of a cloudburst it is said, "The sky is old and has split there; when it is sewed up it will be all right."

Of greater significance than such beliefs is a diagnostic sign, a muscular tremor, which few fail to heed at some time in their lives:

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726 202 179 We used a mirror. Quivering a beam toward strangers and then casting out a long beam from you means, "Who are you?" The others reply, "A friend," by directing the beam toward themselves and then in a circle toward you. Flashing downward with the beam means, "Come." Flashing to the right means, "Go right," to the left means, "Go left."

726 821 One of the chief benefits of star lore, apparently, is to help raiders or warriors find their way about:

I can't tell you much about the stars. I never paid much attention to it. But you take a man like L.: he's been out at war many times. He has had to go by the stars. He knows all about them and what direction they are moving in.

726 805 211 Timekeeping devices are important to the warriors and to those awaiting their return:

Suppose you had promised someone to be somewhere in a certain number of days. You'd have to start at the right time to get there. So every morning you would throw a stone in a certain place and keep count of them. In this way you would know when to start. Or you might do it with marks on a stick. I have heard of doing it with beads on a string too. A few, maybe one or two out of the whole tribe, kept time by beads.

726 271 When a war or raiding party scatters, some individuals may lose their way, and they are likely to suffer from lack of water. Certain aids are therefore taught to everyone:

[824] We are taught, when thirsty and without water, to put a dry stick or stone in the mouth. I have done it lots of times. It starts the saliva and helps you. We melt snow for water when we find some in the mountains. Different kinds of cactus are used when we are in the flats. We chew the inner parts of the cactus for thirst. No matter how hot the weather is, that is always cool. Barrel cactus saved many people too. To get the water you knock the top off. There is water in there; it's like a watermelon. To get the water, you have to squeeze the pulp. And we get rain water from mescal. This plant holds water [in the basal leaves]. The animals get water from these. The deer and horses drink from them. In the south the big ones grow. To drink, the man uses a reed or something hollow if he has it and sucks it out.

726 291 [824] In emergencies, improvised footgear must sometimes be made. "When the Chiricahua were caught out on the raid or at war and their moccasins gave out, they took grass and tied it to their feet with two or three strips of yucca."

726 157 The warrior has little respect for a senseless sacrifice of life, but when he is brought to bay he is capable of furious resistance:

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MESCALERO

BOY TRAINING, RAIDING, AND WAR

883 868 147 526 Shortly after the Apache boy reached the age of puberty, his relatives took measures to strengthen and harden him. They insisted that he rise very early in the morning and perform certain duties, such as driving the horses to or from pastures. An older male relative undertook the task of training him at this period. He might order the boy to test his strength against a young tree and pull it up by the roots, or to lift and throw a heavy stone. The boy was made to run long distances up hill with a load on his back and when he returned had to spit out water which he had been given to hold in his mouth at the start of the run. Often he had to race in this manner in competition with other boys of his age, and the one who lagged behind felt the switch of some older man who accompanied the youths. Sometimes these boys chose sides and opposed each other in strenuous mock battles in which blunt arrows and light lances were the weapons used. Foot races, bareback horse riding, and wrestling matches were part of a program as arduous as the boy's elders could devise. In winter the boy had to roll in the snow, and when the ice formed on the lakes, he was taken early one morning and tossed into the water. Often he was made to keep awake the entire night or for an even longer period, in order to prove that he could stand guard over the camps with the men when danger threatened.

702 868 883 Later on, when the youth was about sixteen years old, he entered a critical period of training, designed to leave him an accredited warrior. During this period he had to attend four raids or war parties, not as a fighter or participant, but as an apprentice and servant to the older men. Until he had fulfilled his obligations the boy wore a single eagle feather in his hair and had to be careful of all that he said and did. Moral laxity, disobedience, or laziness at this time would fix these undesirable traits in his character for life. On these first four expeditions he took with him a [415] reed drinking tube and a wooden scratcher, for he could not [271] allow water to touch his lips, nor might he scratch his skin [413] with his nails.